



Camping 1 on 1

This is everything you need to know about camping.



The perfect camping trip.

Now we all imagine of the perfect family camping trip. Everyone is smiling, the sun is out happily beaming down on you. The perfect roaring fire for marshmallows that won't set alight. The kids happily playing tic tac toe without arguing. Where as we all know that's not what happens. Ferocious winds that blow down your tent and put out your campfire, flooding from constant rain, snow from well the sky, outside your tent turning into a bog from the amount of people (cubs/scouts/explorers in my case) going in and out of the tent. These are all the normal conditions for a winter camp. I mean one camp the wind was so strong it lifted up the mess tent (the main tent where you do all your activities) in the summer the conditions aren't as bad but the insects triple and tents get unbearably hot and I know it's drier in the summer and fires are easier to make. In the following slides I will tell you everything there is to know about camping. You don't have to believe me you don't have to listen to my advice if you don't want too. This will only take a couple minutes of your time but I bet you that there is something you will pick up from this and use next time you go camping without even realising it.

I am Alex Winsper and this is Camping 1 on 1



How to pitch a tent like a pro

If possible, always try and find flat ground on which to pitch your tent. It makes putting up your tent a lot and sleeping a lot easier. I would say there is nothing worse than sleeping on a slope because you slide down but there are plenty of things that could go a lot worse so I will just say that sleeping on a slope is annoying. Another thing to take into consideration whilst choosing a spot is don't put in on the top of a hill because there is a possibility that your tent might be blown away with you in it. Now you may think that is ridiculous but off the top of my head I have been blown down a hill in a tent 4 times and man does it suck.

So overall try find a nice flat area but not on the top of a hill.

What do I take??

Here is a very basic and beginner list for camping

- Sleeping bag
- Sleeping mat
- Appropriate Clothes per day plus extra (make sure to check the weather)
- Suitable footwear (I do recommend hiking boots they are very sturdy as long as you where them in)
- Mallet, spare pegs
- Torch or head torch
- Waterproof jacket, trousers
- Spare underwear and socks
- Lightweight and fast drying materials
- Lighters or matches
- wood
- Cool box and ice
- Pots, pans and kettle
- Chopping board
- Plates, bowls and mugs
- Cooking and eating utensils
- Dish cloths and sponge
- Tea towels
- Washing up liquid and bowl
- Rubbish bag



Food Glorious Food

- **Instant noodle** pots are useful but super expensive so get the cheapest tesco 30p ones that you can boil with water heated from the fire.
- **Pasta** is super useful, i like to make quick pesto pasta, rip up some ham throw it in with some veggies and you have a quick easy meal.
- **Soups**, now these are the winners, imagine this you have finished putting up the tents, its pitch black, your cold, wet because its been raining, kids are crying moaning for no apparent reason and you just throw some cheap tesco tomato soup on the gas stove if you have one or over the fire. Within 5 minutes you have a cup of warm soup and a hot dog bun too dip. Absolute bliss. I have been doing this camping all the way through from cubs too explorers, the taste of hot sweet tomato soup never gets old.

How to cook your Food glorious Food

So you may not be an expert camper and have all the flashy equipment but a must get is a small portable camp stove.

This is the one my mum has and she uses this when we go camping. It's alright apart from the wind makes the fire struggle



So if you are thinking about getting one I recommend one with a back and sides so you can angle away from the wind.

When camping always bring a frying pan and utensils because how else are you meant to fry those lovely, juicy, succulent bacon sausage and egg in the morning.

Cooking channel page

Morning full english.

Now for this meal you will need:

Bacon

Sausages

Eggs

Beans.

First put a frying pan over the camp stove and throw in the sausages and bacon. I am sure you know how to do this but after a while flip over the bacon and sausages. Whilst the bacon and sausages are cooking get a camp small saucepan and throw the beans in there. Stick your beans over the flame until they are boiled then whilst plating up the meal put the eggs in the frying pan and after they are done you have camp breakfast

Quick carbonara

Now this one is my personal favourite. I saw this on jamie oliver's channel and gave it a go. First start boiling pasta (my favorite is tagliatelle) using a saucepan. Then fry some bacon ad seasoning or whatever. Whilst the bacon is frying mixe a small handful of grated cheese with 2 eggs. When the bacon is cooked add the pasta and a tbsp of the water with the bacon. Then add the sauce and KEEP it MOVING or it will scramble. after it is all mixed in and the egg is slightly cooked serve up.