

## Year 9 PE

In Year 9 students follow a programme which allows further skill development and creates a sense of independence. Students are encouraged to apply previously taught skills in increasingly demanding situations. In a range of sports and activities students will also be asked to lead warm-ups and parts of the lesson. Students are encouraged to analyse their own performance and that of their team, developing appropriate feedback through the use of 'What Went Well' (WWW), 'Even Better If' (EBI). Students continue to develop key skills of teamwork, communication, respect, resilience, discipline and empathy.

### Methods of deepening and securing knowledge:

<b>Analysis of performance</b>	Students use assessment criteria to analyse their own performances. Students are asked to identify what level they think they are working at against the different assessment areas. Students provide feedback as to where they feel they are working at and are asked to identify what they need to do in order to improve.
<b>Peer assessment</b>	Students provide feedback to others, identifying strengths and weaknesses of their performance and are able to explain what they need to do in order to improve.

	Autumn term 1	Autumn term 2	Spring term 1
<b>Topic(s)</b>	Football, netball, badminton and table tennis.	Cross country, badminton, table tennis, team games football/netball.	Team games, health related fitness.
<b>Assessment</b>	Q&A, formative and summative assessment.	To demonstrate an accurate replication of techniques and carry these out in increasingly demanding situations. To show an understanding of the rules for each activity and the underlying principles of each.	Students assessed against each sports/ activities grade descriptors for Key Stage 3 of bronze, silver, gold and platinum.
<b>CEIAG</b> ( <i>Careers that are linked to that topic</i> )	Encouraged to watch sport, identify roles undertaken by individuals to help the success of the performer. Take on different roles in lessons.	Encouraged to participate in extra-curricular activities, enrichment activities, sports leaders to volunteer for partnership festivals.	Take on various roles in lessons, coach, umpire, leader, attend extra-curricular.

	Spring term 2	Summer term 1	Summer term 2
Topic(s)	Athletics track events, handball, tchoukball, lacrosse.	Athletics field events, frisbee, tennis, rounders.	Rounders, cricket, frisbee, tennis.
Assessment	Q&A, formative and summative assessment.	To demonstrate an accurate replication of techniques and carry these out in increasingly demanding situations. To show an understanding of the rules for each activity and the underlying principles of each.	Students assessed against each sports/ activities grade descriptors for Key Stage 3 of bronze, silver, gold and platinum.
CEIAG <i>(Careers that are linked to that topic)</i>	Encouraged to watch sport, identify roles undertaken by individuals to help the success of the performer. Take on different roles in lessons.	Encouraged to participate in extra-curricular activities, enrichment activities, sports leaders to volunteer for partnership festivals.	Take on various roles in lessons, coach, umpire, leader, attend extra-curricular.

### Independent Study

Students have ample opportunities to participate in school-based extra-curricular clubs along with inter-house/form competitions. To deepen their knowledge and appreciation of different sports, we actively encourage students to watch quality performances live, on television or on the internet. All of the opportunities we offer hopefully would then motivate students to represent school teams or broaden their opportunities and join local community-based clubs.