

Year 8 PE

The students in Year 8 are taught the same areas of experience as in Year 7, with a particular focus of developing and applying their skills and knowledge. They will be asked to focus on some areas of coaching and self-management, including leading warm-ups for small groups. Students will begin to analyse their own and others' performances and apply 'What Went Well' (WWW) and 'Even Better If' (EBI) when providing feedback. Students continue to develop key skills of teamwork, communication, respect, resilience, discipline and empathy.

Methods of deepening and securing knowledge:

Questioning	Different questioning techniques used throughout lessons to deepen and secure knowledge. Rally Robin, Rally Coach and Think Pair Share, used to make sure all students are actively taking part and given the opportunity to show their understanding.
Feedback	Students receive individual feedback from both teacher and peers, to highlight areas of success, but also to identify areas that require improvement, in order to make further progress and to challenge the students' understanding.

	Autumn term 1	Autumn term 2	Spring term 1
Topic(s)	Football, netball, badminton and table tennis.	Cross country, badminton, table tennis, team games, football/netball.	Gymnastics, team games, health related fitness.
Assessment	Students are assessed against each sports/ activities grade descriptors for Key Stage 3 of bronze, silver, gold and platinum. Q&A, formative and summative assessment.	Students are assessed against each sports/ activities grade descriptors for Key Stage 3 of bronze, silver, gold and platinum.	Students are assessed against each sports/ activities grade descriptors for Key Stage 3 of bronze, silver, gold and platinum. Q&A, formative and summative assessment.
CEIAG (<i>Careers that are linked to that topic</i>)	Encouraged to watch sport, identify roles undertaken by individuals to help the success of the performer. Take on different roles in lessons such as leaders for a warm-up.	Encouraged to participate in extra-curricular activities, enrichment activities, sports leaders to volunteer for partnership festivals.	Take on various roles in lessons, coach, umpire, leader, attend extra-curricular.

	Spring term 2	Summer term 1	Summer term 2
Topic(s)	Athletics track events, handball, tchoukball, lacrosse.	Athletics field events, frisbee, tennis, rounders.	Rounders, cricket, frisbee, tennis.
Assessment	Q&A, formative and summative assessment.	To demonstrate an accurate replication of techniques and carry these out in increasingly demanding situations. To show an understanding of the rules for each activity and the underlying principles of each.	Students are assessed against each sports/ activities grade descriptors for Key Stage 3 of bronze, silver, gold and platinum.
CEIAG <i>(Careers that are linked to that topic)</i>	Encouraged to watch sport, identify roles undertaken by individuals to help the success of the performer. Take on different roles in lessons.	Encouraged to participate in extra-curricular activities, enrichment activities, sports leaders to volunteer for partnership festivals.	Take on various roles in lessons, coach, umpire, leader, attend extra-curricular.

Independent Study

Students have ample opportunities to participate in school-based extra-curricular clubs along with inter-house/form competitions. To deepen their knowledge and appreciation of different sports, we actively encourage students to watch quality performances live, on television or on the internet. All of the opportunities we offer hopefully would then motivate individuals to represent school teams or broaden their opportunities and join local community-based clubs.